

# SUMMER 2024 - Rising Stars Academy Classes

revised 4-8-24



## Preschool Gymnastics - Girls & Boys

### Lil Stars

(walking - 2 yrs):  
Monday 5:20-6:05p  
Thursday 4:50-5:35p  
Saturday 9:00-9:45p

### Rising Stars - 3 & 4 year olds:

Monday 4:30-5:15p, 6:10-6:55p  
Tuesday 4:15-5:00p  
Thursday 10:10-10:55a, 11:00-11:45a,  
4:00-4:45p, 5:40-6:25p  
Saturday 9:45-10:30a

Preschool Classes: is set in our awesome preschool room, designed with tons of FUN for our tiny ones socialization skills, basic locomotor movements and safe exploration!

Check ALL our other FUN activities at RSA: Birthday Parties - Open Gyms - Day Camps Pizza Fun Nights - Lunch Bunch + much more

Now offering ONLINE REGISTRATION ALL Classes & Activities through our Online Portal via our WEBSITE listed below. Now enroll in all programs, pay for activities, stay current and control your account at anytime with our Online Parent Portal!

## Girls School-Aged Gymnastics

**Level 1:** GIRLS 5-10 yrs  
Monday 4:00-5:00p  
Tuesday 4:00-5:00p, 5:00-6:00p  
Thursday 10:00-11:00a, 11:00-12:00p,  
4:00-5:00p, 5:00-6:00p, 6:30-7:30p  
Saturday 11:00-12:00p

**Level 4/5:** GIRLS 5-11 yrs  
Monday 5:00-6:30p  
Tuesday 6:15-7:45p  
Thursday 5:00-6:30p

**INVITE ONLY CLASSES:**  
Pre-Team 4:00-6:00p  
Monday(RSA)/Wednesday(GE)

**School Age Gymnastics:** classes for ages 5yrs+, beginner thru advanced gymnastics. Our ultimate goal is safely teaching quality gymnastics through small progressions, working to master the elements as a whole.

**Level 2/3:** GIRLS 5-11 yrs  
Monday 5:00-6:30p, 6:30-8:00p  
Tuesday 4:30-6:00p, 6:05-7:35p  
Thursday 5:00-6:30p, 6:00-7:30p  
Saturday 10:30-12:00p

## NINJAZONE



**SIGN UP NOW!**

NZ CLASSES	MONDAY	TUESDAY	THURSDAY	SATURDAY
LIL NINJA 3-4 YRS		5:05-5:50p	9:00-9:45a	
WHITE 5 + YRS		4:00-5:00p	6:30-7:30p	10:00-11:00a
YELLOW 5 + YRS		6:00-7:00p		9:00-10:00a
GREEN/BLUE	6:30-7:30p			



### GOAL OF NINJA ZONE

Build character, confidence, coordination and athleticism.

### The sport of Ninja is...

"To move uninterrupted through an environmental series of obstacles with fluidity, prowess, and stealth. To use combinations of skillful spins, rolls, flips, jumps, and kicks to elude an opponent."

A child that learns to channel their impulse & energy towards a focused goal will succeed in all endeavors; school, sport, and life.

## School-Aged Tumbling - co-ed 5 yrs and up

**Novice:** beginning level  
Monday 4:00-5:00p  
Tuesday 6:00-7:00p  
Thursday 4:00-5:00p

**Advanced:**  
Tuesday 5:10-6:10p

**Intermediate:** back handspring  
Tuesday 5:10-6:10p

**Tumbling Classes:**  
We focus on strong basics leading into more advanced skills. Fun tactics for ALL 5yrs+ from our first handstand to our highly skilled aerial flips.

**Early bird registration (April 8th-May 28th)** allows for a Flex-Schedule option of 9, 10 or 11 weeks of summer. Registration after May 28th, the amount due is based on the remaining weeks in the summer session. Summer Session is paid in full upon registration.

\*Classes with less than 3 students will be closed and students asked to be moved to a different time.

**Annual Registration Fee:**  
\$30.00 first child,  
\$60.00 / family

**Additional Discounts:**  
\* 10% of 2nd+ sibling  
\*20% off 2nd class same child

**Preschool Open Gyms: \$7**  
Thursday 9:00-10:00a  
Saturday 12:00-1:00p  
\*in our preschool gym

**School Age Open Gyms:\$10**  
Thursday 2:30-4:00p  
Saturday 12:00-1:30p

During our Summer Flex Session there are NO makeup classes. Gym closures are Monday May 27th for Memorial Day and Thursday July 4th to celebrate. Monday and Tuesday classes have these dates built in to account for all 11 weeks as a Flex option. Payment is due in full at the beginning of summer when registering.

WK#	Mon	Tue	Wed	Thur	Sat
Week 1	27-May No Class	28	29		1-June
Week 2	3	4	5	6	8
Week 3	10	11	12	13	15
Week 4	17	18	19	20	22
Week 5	24	25	26	27	29
Week 6	1-July	2	3	4 Closed Happy 4th	6
Week 7	8	9	10	11	13
Week 8	15	16	17	18	20
Week 9	22	23	24	25	27
Week 10	29	30	31	1-Aug	3
Week 11	5	6	7	8	10

## SUMMER FLEX SCHEDULE PRICING

# of WEEKS	11	10	9
45 minutes	\$203.00	\$184.50	\$166.15
1 hour	\$247.00	\$225.00	\$202.50
1.5 hours	\$330.00	\$300.00	\$270.00

**-Flip Flop Shop-**  
\*website & Facebook page for dates\*

**^Cartwheel Clinic^**  
\*website & Facebook page for dates\*

**\* Pizza Fun Nights \***  
\*website & Facebook page for dates\*

^^must register before events^^

ONLINE REGISTRATION for ALL Classes & Activities at RSA. Visit risingstarsacademy.com, click on the ONLINE PORTAL, set up and manage your family account and enrollments.

Like Us On for current info & dates on special events/camps