

23Fall/24Spring Rising Stars Academy Classes

updated: 1/24

*Classes with less than 3 students will be closed and students asked to be moved to a different time

Preschool Gymnastics - Girls and Boys

Lil Stars - Parent & Tot (walking- 2 yrs):

Monday 5:20-6:05p
Tuesday 5:50-6:35p
Saturday 9:50-10:35a

Rising Stars - 3 & 4 year olds:

Monday 4:30-5:15p, 6:10-6:55p
Tuesday 4:30-5:15p, 5:20-6:05p
Thursday 4:10-4:55p,
5:00-5:45p, 5:50-6:35p
Saturday 9:00-9:45a

Preschool Classes:

is set in our awesome preschool room, designed with tons of FUN for our tiny ones socialization skills, basic locomotor movements and safe exploration!

RSA CLASS PRICES:

Times/ # Weeks	4 Week Session
45 min.	\$73.75
1 hr.	\$89.75
1.5 hrs	\$117.50

RSA SESSION WEEKS

Sess. #	Week Dates	# of Weeks	Charge Date
1	8/21-9/17	4 wks	N/A
2	9/18-10/15	4 wks	9/11
3	10/16-11/12	4 wks	10/9
4	11/13-12/17	4 wks	11/6
5	12/18-1/28	4 wks	12/11
6	1/29-2/25	4 wks	1/22
7	2/26-3/24	4 wks	2/19
8	4/1-4/28	4 wks	3/25
9	4/29-5/26	4 wks	4/22

Gym Closure Dates: 9/4, 10/31(pm)
11/20-11/26, 12/22-1/5 & 3/25-3/31

School-Aged Gymnastics

Level 1: GIRLS 5 yrs+

Monday 4:00-5:00p
Tuesday 4:30-5:30p, 5:30-6:30p,
Wednesday 5:00-6:00p, 6:00-7:00p
Thursday 5:30-6:30p, 6:30-7:30p
Saturday 9:00-10:00a, 10:00-11:00a,

Level 2/3: GIRLS 5 yrs+

Monday 5:00-6:30p, 6:30-8:00p,
Tuesday 6:30-8:00p, 6:15-7:45p
Wednesday 4:00-5:30p, 5:30-7:00p,
7:00-8:30p
Thursday 4:00-5:30p
Saturday 9:00-10:30a

Level 4/5: GIRLS 5 yrs+

Monday 6:30-8:00p
Wednesday 7:00-8:30p
Saturday 10:30-12:00p

INVITE CLASS: Pre-team

Monday(RSA) 3:45-5:45

Wednesday(GE) 3:45-5:45

Pay Per Session Schedule

School Age Gymnastics: classes for ages 5yrs+, beginner thru advanced gymnastics. Our ultimate goal is safely teaching quality gymnastics through small progressions, working to master the elements as a whole.

School-Aged Tumbling - co-ed 5 yrs and up

Novice: begin level - round-off & kick-over

Monday 4:00-5:00p
Wednesday 4:45-5:45p
Thursday 6:30-7:30p
Saturday 11:00-12:00p

Intermediate: back handspring

Thursday 5:30-6:30p

Advanced: connected series

Thursday 7:30-8:30p

Tumbling Classes:

We focus on strong basics leading into more advanced skills. Fun tactics for ALL 5yrs+ from our first handstand to our highly skilled aerial flips.

Makeup Policy: makeup dates are set, outside regular classes.

MUST enroll **IN ADVANCE** through Online Portal for date/ time of make up class, PLUS list date of missed class. All Make up dates emailed/published in advance. Makeups are a FREE courtesy to all register students. **A \$5 fee will be applied for No Shows or without 12hr advanced email notice.

EXTRA EVENTS - :)

Flip Flop Shop - 4-5:30p

\$25/child Monthly Saturdays - check fb page & email for details

Cartwheel Clinic - 4-5p

\$20/child Monthly Saturdays - check fb page & email

Pizza FUN Night - 5:30-9:30p

\$30/1st child, \$25+ child
Monthly Saturdays - check fb page & email

Monthly Sessions

October - March

Homeschool PE (5 yrs & up):

Thursday 2:30 - 4:00

*need 6 students enrolled

Monthly Pricing: \$95

GOAL OF NINJA ZONE

Build character, confidence, coordination and athleticism!

The sport of Ninja is...

"To move uninterrupted through an environmental series of obstacles with fluidity, prowess, and stealth. To use combinations of skillful spins, rolls, flips, jumps, and kicks to elude an opponent."

A child that learns to channel their impulse & energy towards a focused goal will succeed in all endeavors; school, sport, and life.

NINJAZONE



SIGN UP NOW!

NZ CLASSES	MONDAY	TUESDAY	WEDNESDAY	SATURDAY
LIL NINJA 3-4 YRS		5:00-5:45p		10:40-11:25a
WHITE 5 + YRS	5:00-6:00p	4:00-5:00p	5:45-6:45p	
YELLOW 5 + YRS	6:00-7:00p	4:00-5:00p	6:45-7:45p	
GREEN/BLUE	7:00-8:00p			

2902 Gill Street, Bloomington

www.risingstarsacademy.com

309.662.3330

