# 23Fall/24Spring Rising Stars Academy Classes

Rising Stars - 3 & 4 year olds:

Monday 4:30-5:15p, 6:10-6:55p

Tuesday 4:30-5:15p, 5:20-6:05p

Thursday 5:00-5:45p, 5:50-6:35p

## Preschool Gymnastics - Girls and Boys

\* Classes with less than 3 students will be closed and students asked to be moved to a different time

Lil Stars - Parent & Tot (walking- 2 yrs): Monday 5:20-6:05p Saturday 9:50-10:35a

# School-Aged Gymnastics

Level 1: GIRLS 5 yrs+ Monday 4:00-5:00p Tuesday 4:30-5:30p, 5:30-6:30p, 6:30-7:30p Wednesday 5:00-6:00p, 6:00-7:00p Thursday 5:30-6:30p, 6:30-7:30p Saturday 9:00-10:00a, 10:00-11:00a,

Novice: begin level - round-off &

kick-over

Monday 4:00-5:00p

Wednesday 4:45-5:45p Thursday 6:30-7:30p

Saturday 11:00-12:00p

Thursday 5:30-6:30p

Intermediate: back handspring

School-Aged Tumbling - co-ed 5

Saturday 9:00-9:45a Level 2/3: GIRLS 5 yrs+ Monday 5:00-6:30p, 6:30-8:00p Tuesday 6:30-8:00p

Wednesday 4:00-5:30p, 5:30-7:00p, 7:00-8:30p Saturday 9:00-10:30a \*

and up

Level 4/5: GIRLS 5 vrs+ Monday 6:30-8:00p Wednesday 7:00-8:30p Saturday 10:30-12:00p

vrs

Thursday 7:30-8:30p

Tumbling Classes:

We focus on strong basics

leading into more advanced

skills. Fun tactics for ALL

5yrs+ from our first handstand

to our highly skilled aerial flips.

Makeup Policy: makeup dates

are set, outside regular classes.

MUST enroll IN ADVANCE

through Online Portal for date/

time of make up class, PLUS list

date of missed class. All Make up

dates emailed/published in

advance. Makeups are a FREE

courtesy to all register students. \*\*A \$5 fee will be applied for No Shows or without 12hr advanced email notice.

Advanced: connected series

#### RSA CLASS PRICES: 4 Week Times/ # Weeks Session \$73.75 45 min. \$89.75 1 hr. 1.5 hrs \$117.50

Preschool Classes: is set in our

awesome preschool room, designed

with tons of FUN for our tiny ones

socialization skills, basic locomotor

movements and safe exploration!

**INVITE CLASS: Pre-team** Monday(RSA) 3:45-5:45 Wednesday(GE)3:45-5:45 Pay Per Session Schedule

School Age Gymnastics: classes for ages 5yrs+, beginner thru advanced gymnastics. Our ultimate goal is safely teaching qualitiy gymnastics through small progressions, working to master the elements as a whole.

**ONLINE ENROLLMENT for ALL Classes & Activities!** Go to risingstarsacademy.com, then click on our Online Portal to enroll in any programs, pay for activities, stay current and control your account at

Check ALL our other FUN activities at RSA:

Birthday Parties - Open Gyms - Day Camps Pizza Fun Nights - Lunch Bunch + much more

anytime. If you have question let us know! **RSA SESSION WEEKS** # of Veeks Sess # Week Charge Dates Date N/A 8/21-9/17 4 wks 4 wks 2 9/18-10/15 9/11 3 10/9 10/16-11/12 4 wks 4 11/13-12/17 4 wks 11/6 5 12/18-1/28 4 wks 12/11 1/29-2/25 4 wks 6 1/22 7 2/26-3/24 4 wks 2/19

> 9 4/29-5/26 4/22 4 wks Gym Closure Dates:9/4, 10/31(pm) 11/20-11/26, 12/22-1/5 & 3/25-3/31

4 wks

3/25

4/1-4/28

Annual Registration Fee: \$30.00 first child. \$60.00 / family Additional Discounts: \* 10% of 2nd sibling + \*20% off 2nd class same child

Preschool Open Gyms: \$7 Monday 10:30-11:30 (big gym) Saturday 12:00-1:00 (ps gym)

School Age Open Gyms: \$10 Saturday 12:00-1:30

309.662.3330

NINJAZONE 👌			SIGN UP NOW!	
NZ CLASSES	MONDAY	TUESDAY	WEDNESDAY	SATURDAY
LIL NINJA 3-4 YRS		5:00-5:45p		10:40-11:25a
WHITE 5 + YRS	5:00-6:00p	4:00-5:00p	5:45-6:45p	
YELLOW 5 + YRS	6:00-7:00p		6:45-7:45p	
GREEN/BLUE	7:00-8:00p			

EXTRA EVENTS - :) Flip Flop Shop - 4-5:30p

8

\$25/child Monthly Saturdays check fb page & email for details < must

Cartwheel Clinic - 4-5p register \$20/child Monthly Saturdays before check fb page & email

Pizza FUN Night - 5:30-9:30p < events \$30/1st child, \$25+ child Monthly Saturdays check fb page & email

October - March Homeschool PE (5 yrs & up): Thursday 2:30 - 4:00

**Monthly Sessions** 

\*need 6 students enrolled Monthly Pricing:\$95

## **GOAL OF NINJA ZONE**

Build character, confidence, coordination and athleticism!

### The sport of Ninja is...

with fluidity, prowess, and stealth. To use combinations of skillful spins, rolls, flips, jumps, and kicks to elude an opponent."

A child that learns to channel their impulse & energy towards a focused goal will succeed in all endeavors; school, sport, and life



www.risingstarsacademy.com