

# SUMMER 2023 - Rising Stars Academy Classes

revised 4-9-23



## Preschool Gymnastics - Girls & Boys

### Lil Stars

(walking - 2 yrs):

Monday 5:45-6:30p

Saturday 11:15-12:00p

Rising Stars - 3 & 4 year olds:

Monday 5:00-5:45p, 6:30-7:15p

Tuesday 4:30-5:15p, 5:30-6:15p

Thursday 10:00-10:45a, 4:00-4:45p

Saturday 10:25-11:10a

Preschool Classes: is set in our awesome preschool room, designed with tons of FUN for our tiny ones socialization skills, basic locomotor movements and safe exploration!

Check ALL our other FUN activities at RSA:  
Birthday Parties - Open Gyms - Day Camps  
Pizza Fun Nights - Lunch Bunch + much more

Now offering ONLINE REGISTRATION ALL Classes & Activities through our Online Portal via our WEBSITE listed below. Now enroll in all programs, pay for activities, stay current and control your account at anytime with our Online Parent Portal!

## Girls School-Aged Gymnastics

**Level 1:** GIRLS 5-10 yrs

Monday 4:30-5:30p

Tuesday 4:00-5:00p, 5:00-6:00p

Thursday 11:00-12:00p, 4:00-5:00p,

5:00-6:00p

Saturday 9:00-10:00a

**Level 4/5:** GIRLS 5-11 yrs

Monday 6:00-7:30p

Thursday 5:30-7:00p

### INVITE ONLY CLASSES:

Pre-Team 4:00-6:00p

Monday(RSA)/Wednesday(GE)

School Age Gymnastics: classes for ages 5yrs+, beginner thru advanced gymnastics. Our ultimate goal is safely teaching quality gymnastics through small progressions, working to master the elements as a whole.

**Level 2/3:** GIRLS 5-11 yrs

Monday 5:30-7:00p, 6:30-8:00p

Tuesday 4:00-5:30p, 5:30-7:00p

Thursday 6:00-7:30p

Saturday 9:20-10:50a

## NINJAZONE



SIGN UP NOW!

NZ CLASSES	MONDAY	TUESDAY	THURSDAY	SATURDAY
LIL NINJA 3-4 YRS		5:00-5:45p	9:00-9:45a	
WHITE 5 + YRS	4:30-5:30p	6:00-7:00p	10:00-11:00a	9:30-10:30a
YELLOW 5 + YRS	5:30-6:30p			10:45-11:45a
GREEN/BLUE	6:30-7:30p			



### GOAL OF NINJA ZONE

Build character, confidence, coordination and athleticism.

### The sport of Ninja is...

"To move uninterrupted through an environmental series of obstacles with fluidity, prowess, and stealth. To use combinations of skillful spins, rolls, flips, jumps, and kicks to elude an opponent."

A child that learns to channel their impulse & energy towards a focused goal will succeed in all endeavors; school, sport, and life.

## School-Aged Tumbling - co-ed 5 yrs and up

**Novice:** beginning level

Monday 4:30-5:30p, 7:00-8:00p

Saturday 11:00-12:00p

**Advanced:**

Monday 5:30-6:30p

**Intermediate:** back handspring

Tuesday 6:00-7:00p

### Tumbling Classes:

We focus on strong basics leading into more advanced skills. Fun tactics for ALL 5yrs+ from our first handstand to our highly skilled aerial flips.

\*Classes with less than 3 students will be closed and students asked to be moved to a different time.

### Annual Registration Fee:

\$30.00 first child,

\$60.00 / family

### Additional Discounts:

\* 10% of 2nd+ sibling

\*20% off 2nd class same child

### Preschool Open Gyms: \$7

Thursday 9:00-10:00a

Saturday 12:00-1:00p

\*in our preschool gym

### School Age Open Gyms: \$10

Monday 2:30-4:00p

Saturday 12:00-1:30p

During our Summer Flex Session there are NO makeup classes. Gym closures are Monday May 29th for Memorial Day and Tuesday July the 4th to celebrate. Monday and Tuesday classes have these dates built in to account for all 11 weeks as a Flex option. Payment is due in full at the beginning of summer when registering.

WK#	Mon	Tue	Wed	Thur	Sat
Week 1	29-May No Class	30	31	1-June	3
Week 2	5	6	7	8	10
Week 3	12	13	14	15	17
Week 4	19	20	21	22	24
Week 5	26	27	28	29	1-July
Week 6	3	4 Closed Happy 4th	5	6	8
Week 7	10	11	12	13	15
Week 8	17	18	19	20	22
Week 9	24	25	26	27	29
Week 10	31	1-Aug	2	3	5
Week 11	7	8	9	10	12
Week 12	14	15	16	17	19

## SUMMER FLEX SCHEDULE PRICING

# of WEEKS	11	10	9
45 minutes	\$200.75	\$182.50	\$164.25
1 hour	\$242.20	\$220.15	\$198.15
1.5 hours	\$311.50	\$283.25	\$255.00

ONLINE REGISTRATION for ALL Classes & Activities at RSA. Visit [risingstarsacademy.com](http://risingstarsacademy.com), click on the ONLINE PORTAL, set up and manage your family account and enrollments.

### -Flip Flop Shop-

\*website & Facebook page for dates\*

### ^Cartwheel Clinic^

\*website & Facebook page for dates\*

### \* Pizza Fun Nights \*

\*website & Facebook page for dates\*

^^must register before events^^



Like Us On facebook



for current info & dates on special events/camps

2902 Gill Street, Bloomington

[www.risingstarsacademy.com](http://www.risingstarsacademy.com)

309.662.3330