

# Rising Stars Academy Fall 2021 - Spring 2022 Classes

revised 7-18-2021

\*Classes with less than 3 students will be closed and students asked to be moved to a different time

## Preschool Gymnastics - Girls and Boys

### Lil Stars - Parent & Tot

(walking- 2 yrs):

Monday 5:30-6:15p  
Tuesday 6:30-7:15p  
Saturday 10:00-10:45a

### Rising Stars - 3 & 4 year olds:

Monday 4:30-5:15p, 6:30-7:15p  
Tuesday 4:30-5:15p  
Thursday 4:00-4:45p, 5:00-5:45p, 6:00-6:45p  
Saturday 9:00-9:45a, 11:00-11:45a

Preschool Classes: is set in our awesome preschool room, designed with tons of FUN for our tiny ones socialization skills, basic locomotor movements and safe exploration!

### RSA CLASS PRICES:

Times/ # Weeks	4 Week Session
45 min.	\$66.00
1 hr.	\$81.50
1.5 hrs	\$104.50

### RSA SESSION WEEKS

Sess. #	Week Dates	# of Weeks	Charge Date
1	8/23-9/19	4 wks	N/A
2	9/20-10/17	4 wks	9/13
3	10/18-11/14	4 wks	10/11
4	11/15-12/19	4 wks	11/8
5	1/3-1/30	4 wks	12/27
6	1/31-2/27	4 wks	1/24
7	2/28-4/3	4 wks	2/21
8	4/4-5/1	4 wks	3/28
9	5/2-5/29	4 wks	4/25

## School-Aged Gymnastics

### Level 1: GIRLS 5 yrs & up

Monday 4:00-5:00p  
Tuesday 4:30-5:30p, 5:20-6:20p, 5:30-6:30p  
Wednesday 4:00-5:00p, 5:00-6:00p, 6:00-7:00p  
Thursday 4:30-5:30p, 5:30-6:30p, 6:30-7:30p  
Saturday 9:00-10:00a, 11:00-12:00p

### Level 2/3: GIRLS 5 yrs & up

Monday 5:00-6:30p, 6:30-8:00p,  
Tuesday 6:30-8:00p  
Wednesday 4:00-5:30p, 5:30-7:00p  
Saturday 9:00-10:30a

### Level 4/5: GIRLS 5 yrs & up

Monday 6:00-7:30p  
Saturday 10:30-12:00p

### INVITE CLASS: Pre-team

Monday(RSA) 3:45-5:45  
Saturday(GE) 8:30-10:30

Pay Per Session Schedule

School Age Gymnastics: classes for ages 5yrs+, beginner thru advanced gymnastics. Our ultimate goal is safely teaching quality gymnastics through small progressions, working to master the elements as a whole.

Gym Closure Dates: Nov. 22nd-28th, Dec. 20th-Jan. 2nd. & Mar. 21st-27th

## School-Aged Tumbling - co-ed 5 yrs and up

**Novice:** begin level - round-off & kick-over

Wednesday 4:15-5:15p  
Thursday 4:30-5:30p, 6:30-7:30p  
Saturday 10:00-11:00a

**Intermediate:** back handspring

Wednesday 6:30-7:30p  
Thursday 5:30-6:30p

**Advanced:** connected series

Monday 7:30-8:30p  
Thursday 7:30-8:30p

### Tumbling Classes:

We focus on strong basics leading into more advanced skills. Fun tactics for ALL 5yrs+ from our first handstand to our highly skilled aerial flips.

### EXTRA EVENTS - :)

#### LUNCH BUNCH - \$15

EVERY Friday 11:30-1:30  
Drop the kids off for 2 hrs of crafts, play time, lunch & tons more FUN!  
\*Event has to have 3 kids enrolled to happen each week

#### Flip Flop Shop - \$20

Monthly - check fb page & email

#### Cartwheel Clinic - \$15

Monthly - check fb page & email

#### Pizza FUN Night - 5:30-9:30p

Monthly - check fb page & email

### Annual Registration Fee:

\$30.00 first child,  
\$50.00 / family

### Additional Discounts:

\* 10% of 2nd sibling  
\* 20% off 3rd+ siblings  
\* 20% off 2nd class same child

### Preschool Open Gyms: \$7

Monday 10:30-11:30 (big gym)  
Friday 10:30-11:30 (big gym)  
Saturday 12:00-1:00 (ps gym)

### School Age Open Gyms: \$10

Saturday 12:00-1:30

## Monthly Sessions

October - March

### Homeschool PE (5 yrs & up):

Thursday 2:30 - 4:00  
\*need 6 students enrolled  
Monthly Pricing:\$80

**Makeups:** Our new Makeup Policy will have set makeup dates, outside of regular classes. If you've missed class you **must** register **IN ADVANCE** for the set make up dates/time. All Make up dates will be emailed out in advance and will be published on our website.

### GOAL OF NINJA ZONE

Build character, confidence, coordination and athleticism!

### The sport of Ninja is...

"To move uninterrupted through an environmental series of obstacles with fluidity, prowess, and stealth. To use combinations of skillful spins, rolls, flips, jumps, and kicks to elude an opponent."

A child that learns to channel their impulse & energy towards a focused goal will succeed in all endeavors; school, sport, and life.

# NINJAZONE



**SIGN UP NOW!**

NZ CLASSES	MONDAY	TUESDAY	WEDNESDAY	SATURDAY
LIL NINJA 3-4 YRS	4:00-4:45p	5:00-5:45p		9:00-9:45a
WHITE 5 + YRS	6:00-7:00p	4:00-5:00p	5:30-6:30p 6:30-7:30p	10:00-11:00a
YELLOW 5 + YRS	5:00-6:00p	6:00-7:00p		11:00-12:00a
GREEN/BLUE	7:00-8:00p			

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