

Tentative Fall 2010-Spring 2011 Team Practice Schedule

Training Team

Monday 4:00-6:30
Friday 4:00-7:00

\$115.00/month

Level 4 & Prep 4's

Monday 4:00-6:30
Tuesday 4:00-6:30
Friday 4:00-7:00

\$135.00/month

Athletes Training as Level 5 and New Level 6

Monday 4:30-8:00
Tuesday 4:00-6:30
Friday 4:00-7:00
Saturday 10:00-2:00

\$170.00/month

Athletes Training as 2nd year Level 6 & Level 7

Monday 4:30-8:00
Tuesday 4:30-8:00
Thursday 4:30-8:00
Saturday 10:00-2:00

\$195.00/month

Athletes Training Level 8-10

Monday 4:30-8:00
Tuesday 4:30-8:00
Wednesday 4:00-6:30
Thursday 4:30-8:00
Saturday 10:00-2:00

\$220.00/month

We are going to give the kids the opportunity to work toward the next level as long as they need to and mobilize when ready. It is to nobody's benefit to either hold a child back or to move an athlete up too soon. As was the philosophy of our gym from its inception, **the goal that our staff is working towards this season is to have kids competing at a level that they can be successful/comfortable at and training up a level in practices.** We have strayed from that philosophy these past couple of years for a variety of reasons and we are no longer going to put kids in a position of trying the whole season to just get the skills for the level they are trying to compete and then sitting out events at meets. Please see Russ if you have any questions regarding competitive levels.